

Reading-As-You-Go Questions

<p>1. What are instincts? How do evolutionary psychologists explain the influence of instincts on our behavior? (pg. 328-329)</p>	<p>5. Draw the pyramid associated with Maslow's hierarchy of needs. Then, given a real-life example for each theory. (pg. 330-331)</p>
<p>2. Explain drive-reduction theory and give an example of your own, not in the textbook? (pg. 329)</p>	
<p>3. When is our drive strongest? (pg. 329)</p>	
<p>4. Explain optimal arousal theory and draw a diagram to support your explanation. (pg. 329-330)</p>	
	<p>6. What happened when rats stomachs were removed? Did they still eat/get hungry? (pg. 332-333)</p>
<p>7. How do glucose and insulin work together to help trigger hunger? (pg. 333)</p>	

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<p>15. What factors predispose some people to become and remain obese? (pg. 340-341)</p>	<p>18. How do genetics influence body weight? (pg. 344)</p>
<p>16. Describe two studies that investigated the social effects of obesity. (how society impacts obese people). You must state the purpose, results, and major take aways for each. [pg. 341-342]</p>	<p>19. Describe two studies that investigated the social influences contributing to obesity. (state purpose and results, and major take aways for each) [pg. 341-342]</p>
<p>17. Explain why it may be difficult for an obese person to regulate or lose weight, from a physiological stand point. Answer MUST include a discussion of the nature of fat cells, set point and metabolism. (pg. 342-344)</p>	<p>20. Brainstorm some ways to combat obesity in our society and explain how they would help, OR design a weight loss plan for someone who's battling obesity and if just starting their weight loss journey. (You can use the back of this paper to address this question)</p>

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<p>21. Show the four stages of the sexual response cycle , using a flow-chart diagram. (you don't have to describe each stage in detail, but rather label it and show in a flow chart) [pg. 349]</p>	<p>24. How do internal and external stimuli influence sexual motivation? (pg. 351-352)</p>
<p>22. What is the absolute refractory period? (pg. 349)</p>	<p>25. What are the main factors the influence teen pregnancy? (pg. 352-353) Describe these factors and give an example or study related to each.</p>
<p>23. How do hormones influence human sexual motivation? (discuss estrogen and testosterone, pg. 350)</p>	
<p>26. What are some factors that contribute to sexual restraint, according to your textbook? (pg. 353-354) Describe the four given factors.</p>	

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<p>27. What is sexual orientation? (pg. 354)</p>	<p>30. Describe some of the biological correlates of sexual orientation? (pg. 357-358)</p> <ul style="list-style-type: none">• The brain • Genes • Prenatal hormones
<p>28. How does sexual orientation interact with mental health (pg. 355)</p>	<p>31. "The only thing that really matters in life are your relationships to other people." - George Vaillant, 2009</p> <ul style="list-style-type: none">• Evaluate the accuracy of the above statement. Use information presented in the text to support whether you agree or disagree with this statement and why. (pg. 360-361)
<p>29. What are some statistics and correlations found relating to sexual orientation (homosexuality)? (pg. 355-356)</p>	